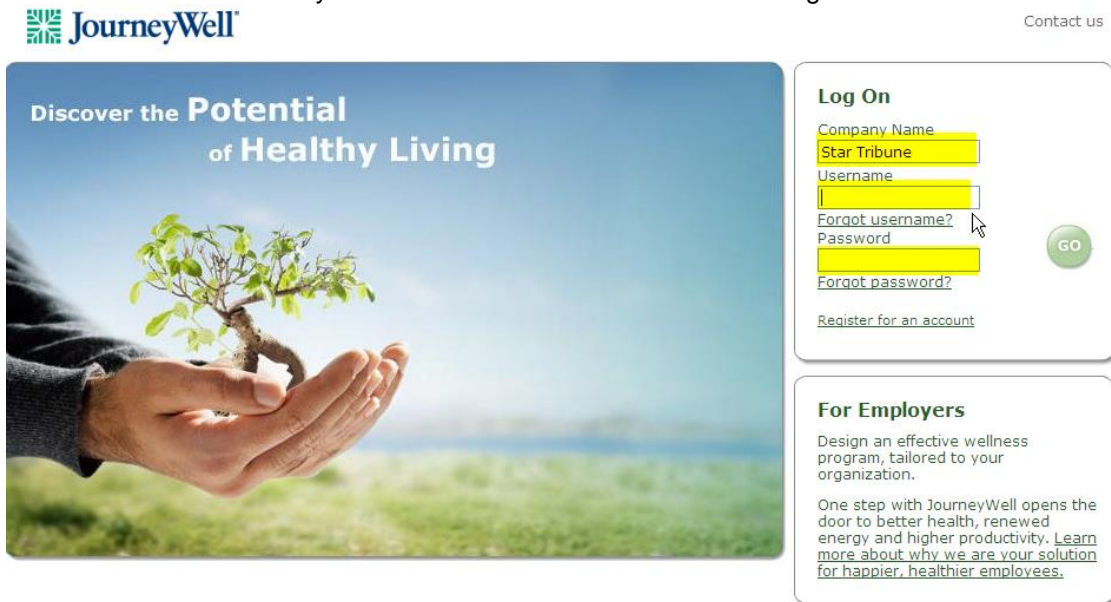


Take the Healthy Benefits Health Assessment

The process for accessing the online Health Assessment has changed, so please follow these instructions:

1. Visit <https://www.journeywell.com>.
2. You will see a page with a "JourneyWell" logo at the top. On this page, enter the company name ("Star Tribune"), your HealthPartners username and password, and click on "GO".

New members that do not yet have a HealthPartners account can register for an account at this time.



The screenshot shows the JourneyWell website interface. At the top left is the JourneyWell logo, and at the top right is a "Contact us" link. The main content area is split into two sections. The left section features a large image of hands holding a small tree, with the text "Discover the Potential of Healthy Living" overlaid. The right section contains a "Log On" form with fields for "Company Name" (filled with "Star Tribune"), "Username", and "Password". There are also links for "Forgot username?" and "Forgot password?". A green "GO" button is positioned to the right of the password field. Below the login form is a link to "Register for an account". At the bottom of the right section is a "For Employers" section with the text: "Design an effective wellness program, tailored to your organization. One step with JourneyWell opens the door to better health, renewed energy and higher productivity. [Learn more about why we are your solution for happier, healthier employees.](#)"

3. Now click on the "Take My Health Assessment" link and start the Health Assessment!

The assessment can be completed any time prior to Sept. 30 to meet one of the Healthy Benefit program requirements. If you do not have access to a computer to complete the health assessment, you can call HealthPartners Product Support at 952-883-7800 to request a paper copy of the assessment.

You (and your spouse/domestic partner, if covered by the Star Tribune medical plan) need to complete the 2010 Healthy Benefits Program by Sept. 30, 2010 in order to receive the preferred benefits in 2011. For more information about the 2010 Healthy Benefits Program, visit the Healthy Benefits site on the Benefits page in Stribnet.